

Online Workshop for Parents & Carers

School Avoidance

Discuss reasons behind school avoidance and ways to support your child to manage anxiety.



Sign up to one of
the time slots using
the QR code or by
clicking [here](#).

Wed 6th August 12-1pm

OR

Wed 13th August 6-7pm

OR

Wed 20th August 12-1pm

Minds Matter: You Matter

For better mental health visit

www.hfehmind.org.uk

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North West London
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 mind

Hammersmith,
Fulham, Ealing
and Hounslow