

Tongue Twister KS1

My mummy makes me mash my mini M&M's on a Monday morning.

Tongue Twisters for Singing

Tongue twisters are a great way to warm up the muscles in your face ready to sing. This one really focuses on the **Mm** sound, which involves the lips.

Begin slowly, building up the **tempo** (speed), slowly, making sure all of your words are really clear.

Once you can say it really clearly, try singing this tongue twister on different notes.

In this tongue twister, the beats fall in specific places:

My mummy makes me mash my mini M 'n M's on a Monday morning.

Try marching to the beat when you are saying this tongue twister! Can you do any other moves on the beat?

