



School Health Team
Parsons Green Health Centre
5-7 Parsons Green
Fulham
London
SW6 4UL

Dear Parent/Carer

Height and weight checks for children in Reception and Year 6

Each year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme. Height and weight measurements are used to calculate weight status. We collect this information to build a picture of how children are growing, to help plan better health and leisure services for families.

The checks are carried out by trained member of school nursing team. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils. The programme will be delivered in a safe way, in line with the school and local authority's safety control measures and national guidance for schools and healthcare.

Maintaining the well-being of children in the NCMP

The wellbeing of children and families is very important. Measurements are conducted in a sensitive way, in private and away from other children. Individual results are not shared with your child or their school. The weight and height information are shared only with parents/carers **via the school screener website.**

Please see how to register or log in on the School Screener website.

2025-26 Reception and Year 6 Pre measurement for height and weight checks – NCMP

[ScreenerPortal](#)



It is your choice if you share the information with your child. If you are concerned about your child's growth, weight, body image or eating patterns, seek further support from a school nurse or General Practitioner.

The information we collect and what it is used for is listed below:

- your child's date of measurement, sex and date of birth are used to calculate your child's weight category (also known as body mass index, or BMI)
- your child's name, date of birth and NHS Number are used to link your child's measurements in Reception and Year 6.
- Other data sets held by NHS Digital and Department of Health and Social Care. may also be linked as this would let us add information from health and education records, where lawful to do so, to understand how and why the weight of children is changing, and how this affects children's health and education and how we can improve the care children receive. This includes your child's health data relating to;
 - their birth, hospital care (including time in hospital and out-patient appointments and diagnosis of medical conditions)
 - mental health
 - social care
 - primary care - includes all healthcare outside of hospital such as GP and dental appointments
 - public health - including data relating to preventing ill health such as immunisation records
 - records for when and the reason why people pass away
 - medical conditions such as cancer, diabetes
 - health, lifestyle and wellbeing surveys that your child has participated in
- your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England

All of the data collected is also used for improving health, care and services through research and planning.

All this information is treated confidentially and held securely by us. No individual measurements will be given to school staff or other children.

How the data is used

The information collected from all schools in the area will be gathered together and held securely by Central London Community Health (CLCH) NHS Trust. We will store your child's information as part of their local child health record on the NHS's child health information database.

We will send all the information collected about your child to NHS England. NHS England is responsible for collecting data and information about health and care so that it can be used to monitor and improve the care provided to people across England.

The information collected about your child will also be shared by NHS England with the Office for Health Improvement and Disparities (OHID) which is part of DHSC but in a de-personalised form only. This means OHID will not be able to identify your child.

Both NHS England and OHID will use the information from the NCMP to better understand numbers and trends in child weight and BMI. This helps to plan services to support healthy lifestyles in your area. No information will ever be published by NHS England or OHID that identifies your child. NHS England uses the data to produce [National Child Measurement Programme statistics reports](#) showing trends at national and local level.

De-personalised information from the NCMP may also be shared by NHS England with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information cannot be used to identify your child. NHS England only ever shares information for research through formal assurance and approvals processes, seeking advice from experts as necessary.

Withdrawing your child from the National Child Measurement Programme

If you are happy for your child to be measured, you do not need to do anything.

If you do not want your child's height and weight to be checked, or your child has a medical condition that affects their height or weight please let the school know so that they can advise the school nurse who will be carrying out the measurements.

Children will not be made to take part on the day if they do not want to.

Further information

You can find further information about the NCMP at [The National Child Measurement Programme NHS webpage](#).

You can find information and fun ideas to help your kids stay healthy at the NHS Better

Health: healthier families webpage [Easy ways to eat well and move more](#).

Another way to help maintain a balanced diet and physical activity for your family is the NHS Healthy Steps email programme. Sign up for the 8-week Healthy Steps emails and you will be sent lots of low-cost easy tips, fun games, healthy swaps and tasty recipes on a budget. You can sign up to NHS [Healthy Steps - Step this way](#) webpage or scan the QR code:



Information about how we [insert local authority and/or NCMP provider] collect and use information can be found at [insert link to local authority and/or NCMP provider privacy notice].

You can find information about how NHS England and DHSC collect and use information at:

- NHS England's [How we look after your health and care information](#) webpage
- the DHSC [Personal information charter](#) webpage

You can find information about the organisations NHS England has shared information from the NCMP at NHS England's [National Child Measurement Programme](#) webpage.

Yours faithfully,

A handwritten signature in black ink that reads 'Chantel Gray'.

Chantel Gray
School Health Team Lead

A handwritten signature in blue ink that reads 'Nicola Lang'.

Dr Nicola Lang
Director of Public Health

How your child's data is collected and processed as part of the National Child Measurement Programme (NCMP)

Local authorities have a legal duty to collect the National Child Measurement Programme (NCMP) data. They do this by following guidance from the Office for Health Improvement and Disparities (OHID), part of the Department of Health and Social Care.

Local authorities are responsible for making decisions on how the data is collected and making sure it is protected. Local NCMP service providers are contracted to do the measurements. This might be through the school nursing team or a local healthcare provider. The team collecting the data enter it into the NCMP IT system, which is provided by NHS England. The data may also be entered into a local child health information system.

Your local authority is responsible for sending the data to NHS England. NHS England and OHID are jointly responsible for the data held at a national level. Your local authority is responsible for the data held locally.

The chart below displays what happens to your child's data as part of the NCMP.

