

Relationships



Bullying



Emotional wellbeing & mental health

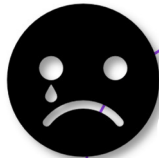
Stress & anxiety



Alcohol, drugs, smoking & vaping

Sleep

Have a confidential chat with you **School Nurse** Kadijatu Conteh



Body image worries

Growing up, puberty, & adolescence



Find me in school on **Tuesday 3rd March 2026** at **Stay and Play** in **Early Years**

Bed wetting, bowel & bladder issues



Healthy eating & exercise



Family matters