



SIR JOHN LILLIE PRIMARY SCHOOL

Lillie Road, Fulham, London SW6 7LN

Telephone: 020 7385 2107 Fax: 020 7386 7931

Email: admin@sirjohnlillie.lbhf.sch.uk Website: www.sirjohnlillie.lbhf.sch.uk

Headteacher: Sue Hayward

Thursday 6th December 2019

Packed Lunches from January 2019

Dear Parents and Carers

After some discussion the governors have supported my decision to allow you to provide a packed lunch for your child if they are in Years 3,4, 5 or 6 from January 2019.

It is VERY important we get this right for the health of your child.

A healthy packed lunch could include

- a sandwich, wrap or roll
- a piece of fruit
- a yogurt.

If you would like your child to have a packed lunch **made by yourself** from January 2019 we would like you to consider:

- **this decision is on a termly basis.** You will not be able to change your child from packed lunch to school dinners daily, weekly or mid-term due to financial systems and kitchen ordering.
- **you are agreeing to provide your child with a healthy lunch** which must not include the following
 - nut products including Nutella, peanut butter or peanuts of any kind, nutrition bars, almond or hazelnut bars or any other product including any nut, (we are a nut free school)
 - no drinks as we provide milk and water
 - sweets and chocolates/bars of chocolate
 - packets of biscuits
 - cold take away food e.g. McDonalds
- we are unable to store your child's lunch in a refrigerator
- we are unable to heat any food for your child
- your child will have an allocated time to eat their packed lunch
- your child must bring their lunch when they arrive at school.

Packed lunches will be monitored and children will be bringing home any food they do not eat for you to see what they have eaten during the day. We will monitor and review packed lunches for healthy content.



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To enable us to ensure this works smoothly for your child and our system please sign and return the slip to school by **Monday 17th December** if you wish your child to have a packed lunch from January 2019.

If you have any questions, please contact the office team.

Thank you for your continuing support

Sue Hayward
Headteacher

Please complete one form for every child.

I would like my child

Name _____

Class _____

To have a packed lunch from January 2019.

I agree to provide my child with a healthy packed lunch and have read and agreed to the information outlined in this letter.

Signed _____

Name (please print) _____

Parent/Carer _____

Contact number _____

Date _____