

Air Quality around your School

Streets with high pollution levels

Did you know?



Walking, scooting or cycling to school counts towards your 60 mins of daily recommended exercise



Walking is free, reliable and often quicker than coming to school by car



Walking to school can improve your performance in school

Top Tips



Limit how much time you spend walking on high pollution streets



Walk on the inside of the pavement. The further away you are from the traffic the lower the pollution levels are



Use the GLA Cleaner Route Finder to find the least polluted walking routes to school
www.cleanairroutes.london/

Sign up to airTEXT
www.airtext.info/

