
EYFS Oral Health Policy 2017-2018

Aim

Children's health and wellbeing is of the utmost importance. Oral health is a key part of children's development and future health and wellbeing. This policy outlines our commitment to promoting oral health and will be available for Parents/Carers upon request and displayed on our website.

Procedures

All staff, students and volunteers will be made aware of the school's Health and Safety policies and provisions, including the importance of them setting a positive example to children and families.

Drinks, Food and Snacks

- Milk and water only will be offered to children as drinks throughout the day.
- Diluted juice (one-part juice to ten parts water) will only be served on special occasions.
- No fizzy drinks will be served.
- All children are provided with a healthy and balanced hot meal for lunch.
- Children are supported to choose and serve themselves from a low level salad bar and have the choice of fruit for lunch every day.
- Children are engaged in conversations about food, eg. exploring, describing and comparing textures.
- Children are taught about a range of healthy practices and begin to learn about the health benefits of different food groups.

Rewards / Special Occasions

- Sweets and chocolate will not be used by staff as rewards for good behavior or work.
- Sweet foods will only be served on special occasions and Parents/Carers are also encouraged to bring in healthy and tooth friendly snacks such as sandwiches, fruit or vegetables.

Parents

- Parents will be encouraged to continue a regular tooth brushing routine at home
- Parents can access information and advice about tooth brushing and oral health from staff and our school nurse.
- Parents are sent the school menu twice a year for their information.

Children

- Oral health will be included in school work and learning opportunities, for example, as part of our Physical Development curriculum and learning about healthy practices.
- Oral health will also feature as part of our topics, such as learning about people who help us/dentists and through role play, stories, songs, poems, art etc.
- Good oral hygiene will be encouraged at all times.

Staff



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- Staff will act as positive role models to children and will encourage regular tooth brushing and good oral hygiene.
 - Appropriate training and information about relevant resources will be available to all staff.

This policy was adopted by:

For :

In consultation with:

Name:

Position:

Signature:

Date:

Review date: