

www.sirjohnlillie.lbhf.sch.uk

### **IMPORTANT**

### Reception and Year 6 parents



Please go to our website for information on how to register your child on the NHS portal for the National Child measuring Programme (NCMP)

- www.sirjohnlillie.lbhf.sch.uk
- Parents advice and help
- Health support

### Important dates

Please remember not to book holidays during term time.

February	February		
Friday 2 <sup>nd</sup>	Mufti day (bring £1 and wear your own clothes)		
Monday 5th	Parents consultation week		
	Years 1 and 2		
	3pm Netball tournament at Godolphin and Latymer		
Tuesday 6 <sup>th</sup>	Early Years		
Wednesday 7 <sup>th</sup>	Years 5 and 6		
Thursday 8 <sup>th</sup>	Years 3 and 4		
Friday 9 <sup>th</sup>	Last day of half term (3.3opm)		
Monday 12 <sup>th</sup> to Friday 16th Half term			
Please see the poster on this newsletter.			
Monday 19th	Return to school (8.50am)		
Tuesday 20 <sup>th</sup>	Beat the street assembly		
Thursday 22 <sup>nd</sup>	Year 4 to Science museum		
March			
Wednesday 6 <sup>th</sup>	Year 6 Junior Citizens		

### Mufti day

Thank you for supporting our mufti day.

We have raised £156

This will help to replenish the playtime and lunchtime playground equipment. CLT will help us order this next week.

### Respect for our neighbours

We are very lucky with our neighbours. They are kind, thoughtful and patient.

It is VERY important we are kind, thoughtful and  ${\bf quiet}$  for them.

Would you like a group of adults and children outside your house shouting at 8.30am in the morning?

We encourage children to treat each other with respect, and behaving courteously outside someone's house is showing respect.

Please talk quietly and stand patiently outside the back gates in the morning.



Every day counts. Every minute counts  Class	Percentage of children in school every day these past five days. (F/M/T/W/Th)	How many children late these past five days.
1L	96.1%	6
2A	95.9%	12
3P	97.8%	13
4H	93.8%	1
4M	81.7%	6
5T	96.3%	8
6H	98.6%	6
6P	91.9%	5
OVERALL	94.5%	©

Our whole school attendance target is 96% for all pupils.

CONGRATULATIONS 1L,

1L,3P,5T,6H

for beating the school target.

Every day makes a difference. Every minute makes a difference.

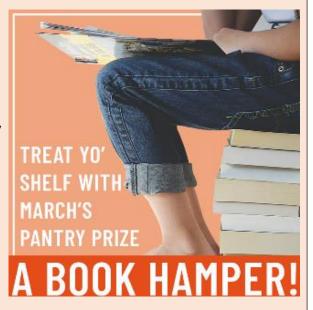
### A message from The Pantry

We know a prize can really perk up your day, month or even year, so at The Pantry we've decided to reward one lucky diner every month with a Pantry Prize, as our way of saying,

'Thanks for dining with The Pantry!'.

All your child has to do is tuck into a Pantry Lunch every School day this month, and they'll be in with a chance of winning this month's prize - a book hamper! This hamper will provide books to read and celebrate World Book Day - and so all you have to do is login, and book your meals, for a chance to win.

The winner will be selected early March, so please ensure you're opted-in for marketing communications so you don't miss out!



### Puzzle time Can you crack the code? a e m 2 3 4 5 8 9 1 6 7 10 11 12 13 0 р S t u W X 21 25 18 19 20 22 23 26

Use the numbers to work out what this sentence says.

8 1 22 5 1 19 21 16 5 18 23 5 5 11 5 14 4. H v s p r w e k n

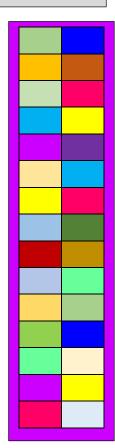
Now make your own up for your friends and family.

# Your contact details

Have your contact details changed?

Please let the office know asap.





In 2A today they were mixing and stirring ingredients to make a flying potion.



What would you put into your potion?













Some displays of our learning this half term.





# <u> TALKING TO YOUR CHILD</u> **ABOUT MENTAL HEALTH**

Are you a parent or carer who wants to talk to your child about mental health?



## ADVICE TO HELP YOU SUPPORT LOOKING FOR FREE PRACTICAL YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on

□ PARENTINGSMART.ORG.UK





# **CONVERSATION STARTERS**

Some ways to start a conversation with your child about mental health could be...



TELL ME ABOUT YOUR DAY

THING ABOUT TODAY? WHAT WAS THE BEST

# Here's what children and young people told us they need from you:

conversations about our mental health' sometimes a chat on a journey or at We don't need to have 'one-off bedtime is enough. Ē

feelings, this can help me to be more open

about mine.

If you are open with me about your

about any and all of my feelings. Please I need to know it's okay to talk to you hear what I have to say, without interrupting me.

**®** 

acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me. Please listen to me carefully and 6

Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into. 

Don't compare my experiences to your own when you were a child. ড

Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)

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you are there for me and understand what things for me - I often just need to know Please don't worry about trying to fix æ

am going through.

grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age - my teachers at school - because they 'get it'. Sometimes I don't want to talk. Please trust that I will come to you (or another Sometimes a hug is all it takes to make siblings, cousins, friends, younger me feel supported. ➌





CREATIVE VIDEO ACTIVITIES WHAT MATTERS TO YOU? FOR FAMILIES These wellbeing activities can help children and young people think about and share what matters to them.

☑ For primary children: bit.ly/3PzCGI8

For secondary children: bit.ly/3LBD2wK

ONLINE LIFE LIKE? WHAT'S YOUR

STRESS / WORRY IN YOUR

LIFE RIGHT NOW?

WHAT IS THE BIGGEST

TO IF YOU WERE FEELING WORRIED ABOUT YOUR WHO WOULD YOU TALK MENTAL HEALTH?

WHAT CAN I DO TO HELP YOU?

CHILDRENSMENTALHEALTHWEEK.ORG.UK